

Basic Line-Dance Steps Terminology

Basic Step –Side, Close, Side, Touch (Is a Side 2 Step)

Box Step -A sequence of steps usually linked together into an 8 count move forming a box shape (square) on floor.

Close –This means stepping next to the other. Also can be called **Together**.

Cha Cha Step -Also known as **Triple** or **Shuffle**. 3 quick steps done either in place or moving in a direction.

Chasse – A syncopated pattern of side steps where the feet never pass. Side, close, side.

Charleston -Step forward on right, kick left forward, step back left, touch right toe back, reverse for a left Charleston.

Chase (Cha Cha Beat) –Step forward on left foot, turn ½ turn to the right, weight on right foot, then cha cha LRL, step forward on right foot, turn ½ turn to the left, weight on left, then cha cha RLR

Coaster Step –A syncopated maneuver in which the starting foot steps in a given direction, then the trailing foot closed with the starting foot and then the starting foot steps in the opposite direction.

Cucaracha –Rock side right, recover left, close right, Hold. Can be done on either right or left side.

Front or Back Twist 3

Front Twist – to given direction cross in front, side, behind.

Back Twist – to given direction cross behind, side, in front.

Hustle Forward or Back –Walking Forward or Backward 3 Steps and then Kick or Touch.

Jazz Box

Left -Cross left over right. Step back on right. Step left to left side. Close right beside left.

Right -Cross right over left. Step back on left. Step right to right side. Close left beside right.

Kick-Ball-Change –A kick forward with one foot, a step on the ball of that foot, a change of weight to the other foot.

Lindy Step -Shuffle to the side , rock back , recover forward. Can be done on either Left or Right side.

Lock Step –Step forward and slide opposite foot up to first foot with ankles crossed.

Lunge –A weight transfer to a bent leg with the other leg extended.

Mambo Basic Step –This is a syncopated step. Rock onto 1st foot, return weight to 2nd foot. Then step 1st foot next to 2nd foot. Mambo may rock forward, back, or side. .

Monterey Turn -Touch 1st foot to side, turn ¼ or ½ and step by 2nd foot. Touch 2nd foot to side, step 2nd foot by 1st foot.

New Yorker -Is a cross rock , recover, side, hold.

Pivot Turn -A turn when one foot is forward of the other and the turn is made on the ball of the feet changing weight.

Ramble –Point right toe to right side, cross right foot in front of left, point left toe to left side, cross left foot in front of right.

Rocking Chair –Rock forward on foot 1, step foot 2 in place, rock back on foot 1, step foot 2 in place.

Sailor Step –Step back crossing the Right behind the Left , step the Left out to the side, step the Right in place.. Also called a Sailor Shuffle. It can be done Left or Right.

Sand Step –Touch right Toe into Left instep,then change to right heel into instep, crosse Right over Left.

Scissor Step -Step right foot to right side. Close left foot beside right. Cross right foot in front of left and hold.

Serpiente –Can begin with either foot, is an 8 count figure with a flare and a ronde, and crossing in front or back between side steps.

Shuffle

Forward Left –Step forward left. Close right beside left. Step forward left. (Forward left Cha Cha Cha)

Forward Right –Step forward right. Clsoe left Beside right . Step forward right. (Forward right Cha Cha Cha)

Slide The Door –Rock side, recover, cross in front, hold. May start on either foot.

Step Touch – Step on one foot. Touch other foot beside it.

Stomp – Foot is put down flat with force. In Stomp Up, weight remains on the other foot. In Stomp Down weight is on foot you stomped.

Strut –A step which starts with either the heel, then the tow drops on the floor, or the tow, then the heel drops.

Twinkle (Waltz) –(3 count move) Cross right foot over left. Step to side with left. Close right foot to left foot. Can start with left or right foot. Can cross in front or back.

Vine Step

Vine Left –Step left foot to left. Step right foot behind left foot. Step left foot to left. Touch with right foot .

Vine Right -Step right foot to right. Step left foot behind right foot. Step right foot to right. Touch with left foot

Waltz Basic – Waltz steps –groups of 3 steps. A basic waltz goes forward on one set of 3 and back on the other.

Weave Step

Weave Left –Cross right over left. Step left to left side. Cross right behind left. Step left to left side.

Weave Right –Cross left over right. Step right to right side. Cross left behind right. Step right to right side.